

## Mandurah Aquatic and Recreation Centre Open Day

**Saturday, 12 October 2019**  
**10am - 1pm**

Heaps of free family fun, giveaways, competitions and special offers.

Free entry to the pools all day

Be the first to try our new inflatable Magneetor!

Check out the next page to see *everything* that's planned!

### Open Day Event Timetable

Time	Who	What	Where
10.15 - 10.45am	Adults	Aerial Yoga	Outrace
10.20 - 11.05am	Adults	RPM	Pop Up Cycle Studio
10.30 - 11am	Everyone	Rhee Taekwondo Demonstration	Show Courts
10.45 - 11.15am	Adults	Aerial Yoga	Outrace
11 - 12noon	5 - 16 years	Mandurah Basketball Fun and Skills	Show Courts
11 - 11.45am	Everyone	Zumba Party	Fitness Studio 1
11 - 11.45am	Everyone	Aqua Fun	Program Pool
11.15 - 11.45am	Adults	Aerial Yoga	Outrace
11.45 - 12.15pm	Adults	Aerial Yoga	Outrace



Free entry to the pools all day!

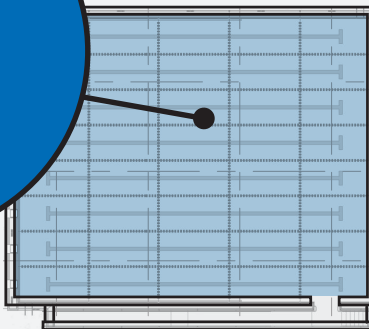
Have your swim assessment today to go in the running to win free lessons for the term\*



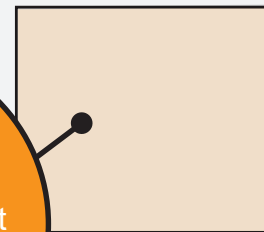
Leisure Pool  
Swim School  
Swim assessments  
Aqua Play



Program Pool  
Obstacle Inflatable (6-12 years)  
Aqua Fun (10+ years)  
11am



Free Creche Open  
Add your handprint to our mural  
10am - 1pm  
Limit of 2hrs



Pop Up Cycle Studio  
RPM (45 min)  
10.20am

Squash Club

Cafe  
Keep and eye out for free samples

Sports and Activities Zone  
Action Tots  
Dancing Fun  
Gymnastics  
Futsal and Indoor Soccer  
10am - 1pm



Swim Club  
Sausage Sizzle



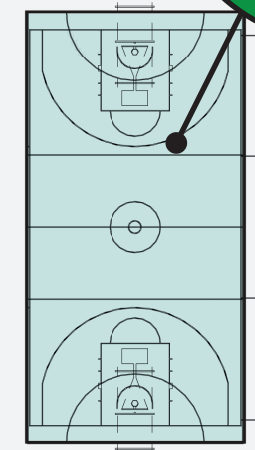
50m Pool (deep)  
Magneetor Pool Inflatable (8+ years)



Roller Disco  
10am - 1pm



Show Courts  
Mandurah Basketball Fun and Skills (5-16 years)  
11am



Show Courts  
Rhee Taekwondo Demonstration  
10.30am



Fitness Studio 1  
Zumba Party (10+ years)  
11am

Outrace  
Aerial Yoga  
10.15am, 10.45am, 11.15am, 11.45am

Collect five stamps at our activities on the Open Day to get a free treat from Cafe!

Watch around water

- 5 years and under  
Always within arm's reach.
- 12 years and under  
Always within line of sight.

Pool inflatables

Must be competent swimmers.

- Obstacle  
6 - 12 years, under 160cm
- Magneetor  
8 years +, under 180cm

\* for one lesson per week, for one person, during Term 4, 2019